

ENGLISH Seminar: PERSONAL GROWTH

A Path to Your Full Potential

10 Aspects of Reality & 9 Realizations

For **4th year** students

Teacher: Martin Plant

This seminar is designed to **help** you **unlock your full potential** by engaging both hemispheres of your brain. Each of the 10 aspects contributes 10% to your overall development, leading to a complete transformation—100% of your potential. Time is passing quickly, so **maximize your abilities now!**

Phase 1 (Sept–Dec 2025): 10 Aspects of Reality

Develop self-mastery through: **Determination, Practice, Reaction, Connection, Choices, Decisiveness, Awareness, Power, Influence, and Decision.**

Apply these in key life areas—work, energy, time, progress, and success—to integrate them into a unified approach for personal transformation.

Phase 2 (Jan–April 2026): 9 Realizations

Discover your true **I AM** and higher self through: **Awakening, Discernment, Understanding, Compassion, Revelation, Awareness, Intuition, Consciousness, and Ascension.**

Tap into your flow state, align with universal energy, and embrace a limitless future.

Requirements

- Minimum **B2-level English** proficiency
- Willingness to engage actively and contribute
- Open-mindedness and commitment to personal growth

Assessment

- Topic preparation and research
- Presentations and teamwork
- Self-challenges and critical thinking exercises

Change begins within you. By unlocking your full potential, you become an example for others, leading to a higher, limitless 5D existence—or remaining trapped in the limitations of a recurring 3D past. The choice is yours.